EUPHORIA

CIVIC EDUCATION WORKSHOPS IN UKRAINE

VESTED

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EUPHORIA

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Introduction

EUphoria is a 24-month Erasmus+ Cooperation Partnership in the youth field dedicated to supporting the civic, social, and educational integration of Ukrainian young people displaced by the war. The project responds to the urgent need to create inclusive spaces where displaced youth can rebuild a sense of belonging, develop new skills, and actively engage in their host communities.

Through non-formal learning activities and innovative digital tools, EUphoria promotes European civic values, intercultural dialogue, solidarity, and inclusion. The project creates opportunities for young people to reflect on democratic participation, cultural diversity, and shared European principles in a safe and empowering environment.

EUphoria brings together youth workers, vulnerable youths aged 15–18, and partner organisations across Europe. By fostering collaboration, peer learning, and active participation, the project strengthens mutual understanding and supports young people in becoming confident, engaged citizens who can actively contribute to democratic life.

Overall ↘

Objective of the Workshops

The workshops aim to promote and actively share core EU civic values—democracy, human rights, solidarity, equality, and cultural diversity—among Ukrainian and local youths. By creating inclusive and participatory learning environments, the activities encourage young people to explore what these values mean in their daily lives and how they can be upheld within their communities.

A key objective is to foster meaningful intercultural dialogue and mutual understanding through engaging, non-formal civic education methods.

Through group discussions, collaborative tasks, role-playing, and creative exercises, participants are encouraged to exchange perspectives, challenge stereotypes, and build respectful relationships across cultural backgrounds. The workshops also seek to empower young people to become active civic agents. By strengthening their confidence, critical thinking, and communication skills, participants are supported in understanding their rights and responsibilities, expressing their voices, and advocating for issues that matter to them at local, national, and European levels.

Finally, the initiative aims to strengthen the capacity of youth workers to effectively support the civic and social integration of Ukrainian youths in EU host countries. By equipping professionals with practical tools, methodologies, and intercultural competencies, the workshops contribute to more inclusive youth work practices and sustainable community engagement.

CIVIC EDUCATION WORKSHOPS IN UKRAINE

Understanding cultural diversity helps us communicate better, respect differences, and build more inclusive communities.

WORKSHOP 1 - CULTURAL COMPETENCES & COMMUNICATION

DATE: 22.02.2026 | DURATION: 1 HOUR | PARTICIPANTS: 9 |UZHHOROD

Participants explored the concept of culture and its impact on communication, including both verbal and non-verbal aspects such as language, gestures, and personal space. Through interactive exercises, including the “visible and invisible culture” activity, they reflected on cultural differences, stereotypes, and how these shape everyday interactions. The workshop helped participants better understand intercultural communication and develop practical skills, promoting openness, respect, and empathy in diverse environments.

"It was very interesting to understand communication skills with people from different cultures"





WORKSHOP 2 - ACTIVE CITIZENSHIP

DATE: 24.02.2026 | DURATION: 3.5 HOURS | PARTICIPANTS: 10 | LOCATION: UZHHOROD

Participants explored active citizenship and learned how to engage in community life and democratic processes. Through interactive exercises, they discovered practical tools for participation and developed their own mini-project ideas to address local challenges



Learning results achieved:
Improved understanding of civic participation, increased motivation for community engagement, basic skills in developing initiatives, and greater confidence in participation and decision-making

"I learned about practical tools like electronic petitions and how I can actually influence decisions in my community"





CIVIC EDUCATION WORKSHOPS IN UKRAINE

Developing civic competences empowers young people to think critically, take responsibility, and actively contribute to their communities.

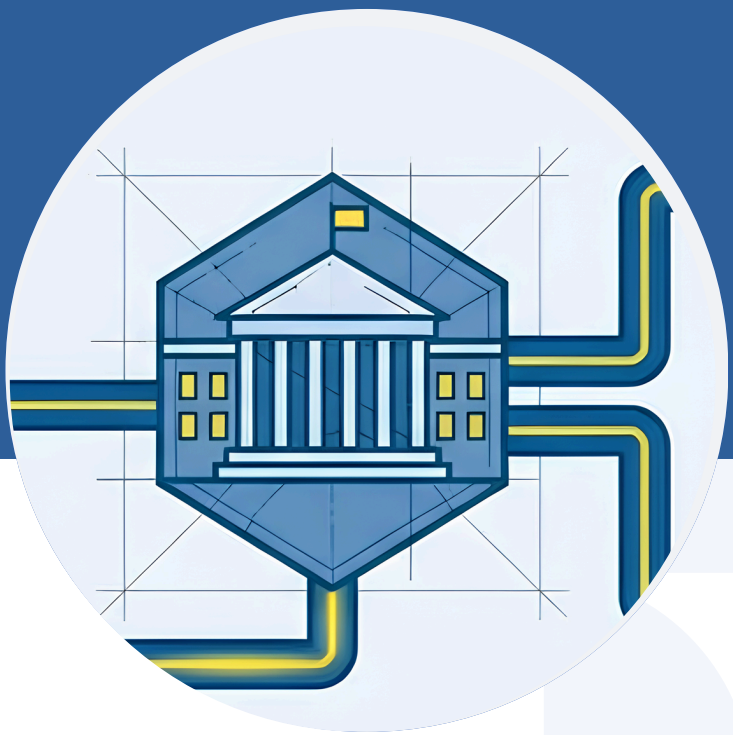
WORKSHOP 3 - CIVIC COMPETENCES

DATE: 25.02.2026 | PARTICIPANTS: 11 | LOCATION: UZHHOROD

Participants explored civic competences and their role in everyday life, learning why active participation, critical thinking, and informed decision-making matter in a democratic community. Through interactive discussions and practical exercises, they reflected on youth participation, analysed information, and developed ideas for local initiatives, achieving improved understanding of civic competences, stronger motivation for civic action, greater confidence in participation, and a better ability to identify practical ways to contribute to community life.

"The most useful part was understanding practical examples of civic participation, such as student self-government and the civic budget"





WORKSHOP 4 - SOCIAL COMPETENCES

DATE: 05.03.2026 | DURATION: 4 HOURS | PARTICIPANTS: 10 | LOCATION: UZHHOROD

Participants explored social competences and their role in everyday interactions, focusing on communication, emotional intelligence, teamwork, and conflict resolution. Through interactive exercises and role-play, they practiced real-life situations, strengthening their ability to cooperate, express ideas, and adapt to different social contexts



Learning results achieved:
Increased confidence in communication and interaction, stronger motivation to develop social competences, and improved practical skills in teamwork, dialogue, and conflict resolution, with overall positive progress in participants' engagement.

Participant quotation:
"The workshop demonstrated a positive impact on participants' confidence in communication and motivation to further develop social competences."





CIVIC EDUCATION WORKSHOPS IN UKRAINE

Strong communication starts with self-awareness. By understanding emotions and learning how to interact effectively with others, young people can build meaningful relationships, navigate challenges, and contribute positively to their communities.

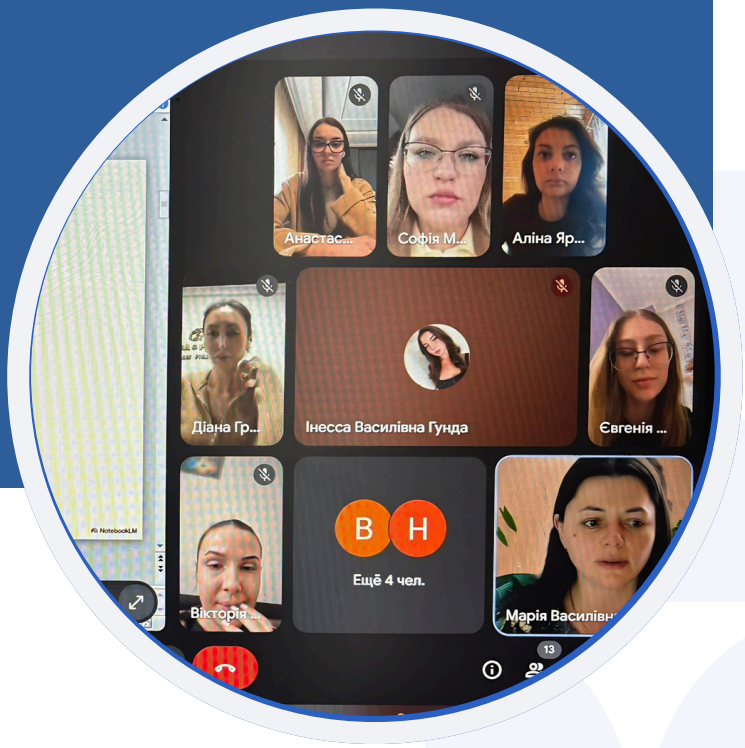
WORKSHOP 5 – PERSONAL & INTERPERSONAL SKILLS

DATE: 13.04.2026 | DURATION: 3.5 HOURS | PARTICIPANTS: 12 | FORMAT: ONLINE

Description of the workshop:
Participants explored personal and interpersonal competences, focusing on self-awareness, emotional intelligence, and effective communication. Through interactive discussions and group exercises, they reflected on their emotions, learned how to express themselves constructively, and developed skills in active listening, setting boundaries, and managing conflicts.

* "The workshop strengthened participants' understanding of emotions and improved their ability to communicate effectively with others."

BACK ONLINE



WORKSHOP 6- ENVIRONMENTAL PROTECTION

DATE: 27.03.2026 | DURATION: 4 HOURS | PARTICIPANTS: 12 | LOCATION: VYNOHRADIV

Participants explored environmental challenges and their impact on communities, focusing on waste, pollution, and everyday behaviours. Through discussions and group work, they identified local ecological issues and explored how individual actions and AI tools can support sustainable solutions



Improved understanding of environmental issues and their causes, increased confidence in participating in environmental initiatives, and stronger motivation to adopt sustainable behaviours, with overall positive progress in awareness and readiness to act.

"The workshop strengthened participants' understanding of environmental issues and their motivation to take action."





conclusion

The civic education workshops successfully strengthened participants' knowledge, skills, and motivation across key thematic areas, including intercultural dialogue, active citizenship, social competences, and environmental awareness. Through participatory and non-formal learning methods, young people engaged in discussions, group work, and practical exercises that supported both learning and personal development.

The results demonstrate a consistent positive impact across all workshops. Participants showed increased confidence in communication and interaction, stronger motivation to engage in community life, and improved ability to critically analyse information and develop practical solutions. In several areas, the workshops contributed not only to knowledge acquisition but also to a growing readiness to take action, reflecting a shift from awareness to active participation.

Importantly, the activities created inclusive spaces for dialogue and exchange, allowing participants to reflect on European values such as democracy, equality, solidarity, and respect for diversity in the context of their everyday lives. This contributed to strengthening intercultural understanding and building connections among young people from different backgrounds.

Overall, the workshops proved to be an effective tool for empowering youth, supporting their civic and social development, and encouraging active participation in community life. The results highlight the value of non-formal education in fostering engaged, confident, and responsible young citizens at both local and European levels.

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