EUPHORIA

CIVIC EDUCATION WORKSHOPS IN ROMANIA

ASSOC

ASSOC

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EUPHORIA

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Introduction

EUphoria is a 24-month Erasmus+ Cooperation Partnership in the youth field dedicated to supporting the civic, social, and educational integration of Ukrainian young people displaced by the war. The project responds to the urgent need to create inclusive spaces where displaced youth can rebuild a sense of belonging, develop new skills, and actively engage in their host communities.

Through non-formal learning activities and innovative digital tools, EUphoria promotes European civic values, intercultural dialogue, solidarity, and inclusion. The project creates opportunities for young people to reflect on democratic participation, cultural diversity, and shared European principles in a safe and empowering environment.

EUphoria brings together youth workers, vulnerable youths aged 15–18, and partner organisations across Europe. By fostering collaboration, peer learning, and active participation, the project strengthens mutual understanding and supports young people in becoming confident, engaged citizens who can actively contribute to democratic life.

Overall ↘

Objective of the Workshops

The workshops aim to promote and actively share core EU civic values—democracy, human rights, solidarity, equality, and cultural diversity—among Ukrainian and local youths. By creating inclusive and participatory learning environments, the activities encourage young people to explore what these values mean in their daily lives and how they can be upheld within their communities.

A key objective is to foster meaningful intercultural dialogue and mutual understanding through engaging, non-formal civic education methods.

Through group discussions, collaborative tasks, role-playing, and creative exercises, participants are encouraged to exchange perspectives, challenge stereotypes, and build respectful relationships across cultural backgrounds. The workshops also seek to empower young people to become active civic agents. By strengthening their confidence, critical thinking, and communication skills, participants are supported in understanding their rights and responsibilities, expressing their voices, and advocating for issues that matter to them at local, national, and European levels.

Finally, the initiative aims to strengthen the capacity of youth workers to effectively support the civic and social integration of Ukrainian youths in EU host countries. By equipping professionals with practical tools, methodologies, and intercultural competencies, the workshops contribute to more inclusive youth work practices and sustainable community engagement.

CIVIC EDUCATION WORKSHOPS IN ROMANIA

Discovering and embracing the values of the European Union can inspire us to make better decisions, respect others, and contribute positively to our communities

WORKSHOP 1 –PERSONAL & INTERPERSONAL SKILLS

DATE: 13.03.2026 | DURATION: 1 HOUR | PARTICIPANTS: 10 | PLATFORM: ZOOM

Participants watched educational videos on EU values – democracy, freedom, equality, and respect – and explored how to apply them in daily life. They then took part in a Kahoot quiz and engaged in discussions and reflection exercises on personal and interpersonal skills, including critical thinking, self-confidence, responsibility, communication, active listening, respect, and teamwork.
The workshop was interactive and engaging, helping participants understand EU values while developing skills to use in everyday life.

* *"'The most valuable thing I learned was developing better interpersonal communication and cultural understanding, which helped me work more effectively with others.'"*





WORKSHOP 2 – CULTURAL COMPETENCES

DATE: 14.03.2026 | DURATION: 7 HOURS | PARTICIPANTS: 17 | LOCATION: SIGHETU MARMAȚIEI

This in-person workshop took place at the Memorial of the Victims of Communism and of the Resistance, offering participants a meaningful experience connecting history with EU values such as freedom of expression.
Through guided discussions, observation and reflection, participants explored the local historical context and shared civic perspectives. The workshop brought together Ukrainian youths, local participants and young people from Italy and France, along with youth workers.



Learning results achieved:

- Better understanding of EU values
- Increased awareness of cultural diversity
- Improved communication and reflection skills

"We need to be more confident in communication and talking to other people from another country."





CIVIC EDUCATION WORKSHOPS IN ROMANIA

Active citizenship starts with small actions: when we share ideas, work together and take responsibility, we can create positive change in our communities.

WORKSHOP 3 - ACTIVE CITIZENSHIP

DATE: 18.03.2026 | DURATION: 2 HOURS | PARTICIPANTS: 19 | LOCATION: ASSOC OFFICES

This in-person workshop brought together 19 participants at ASSOC's offices for an engaging session on active citizenship.
Participants took part in a creative group activity, designing a collage representing EU values, and discussed their civic responsibilities in the European society. The workshop included Ukrainian and Romanian youths, youth workers, and even three Ukrainian adults, ensuring a diverse and inclusive environment.
Through hands-on activities, group discussions and collaborative work, participants shared ideas, worked in teams and explored what it means to be an active citizen.

"Through this workshop, I learned more about Europe and its values."





#the result

WORKSHOP 4 – SOCIAL COMPETENCES

DATE: 27.03.2026 | DURATION: 2 HOURS | PARTICIPANTS: 11 | LOCATION: BAIA MARE

Workshop 4 took the form of an outdoor intercultural picnic where participants from Syria, Sri Lanka, Romania and Ukraine shared traditional dishes and experiences, fostering connection and cultural exchange in a relaxed environment.



Participants enhanced their intercultural awareness, communication skills, and openness towards diversity, discovering multiculturalism through tastes while building meaningful social connections.

"I made a new friend."
"I learned about food traditions and cultures."
"I met new people from another country."





CIVIC EDUCATION WORKSHOPS IN ROMANIA

The workshops aimed to empower young people to become active and responsible citizens by developing their understanding of civic engagement, democratic values and community involvement.

WORKSHOP 5 - ENVIRONMENT

DATE: 27.03.2025 | DURATION: 2 HOURS | PARTICIPANTS: 11 | LOCATION: MUNICIPAL PARK, BAIA MARE

The Environment workshop focused on a hands-on clean-up activity in a public park, where participants actively contributed to improving the local environment. Through cooperative group work, they planned and carried out cleaning tasks such as collecting waste and sorting materials. The activity encouraged responsibility, teamwork and direct engagement with environmental protection in a real-life setting, helping participants better understand the importance of caring for public spaces and sustainable behaviour.

- *"Protect nature!"*
- *"I understood the importance of recycling."*







WORKSHOP 6 – CIVIC COMPETENCES

DATE: 27.03.2026 | DURATION: 2 HOURS | PARTICIPANTS: 13 | LOCATION: MUNICIPAL THEATRE, BAIA MARE

This in-person workshop focused on active civic responsibility, democratic participation and respect for diversity. Participants from Ukraine, Romania and Tunisia took part in a theatre-based activity that encouraged reflection on civic values and responsibilities. Through experiential learning, image-based activities, and group discussions, they explored topics related to active citizenship and inclusion in an engaging and interactive way.



Participants improved their understanding of civic responsibility, democratic participation, and inclusion, while developing communication, teamwork and critical thinking skills through theatre-based learning.

"I liked this activity and I would like to participate in more cultural workshops in the future."
"I appreciated when we discussed real examples of civic competences."



Conclusion ↘

The national workshops organised by ASSOC successfully promoted civic engagement, intercultural understanding and European values among young people. Through non-formal, experiential and participatory methods, participants developed key competences such as communication, teamwork, critical thinking and social responsibility. The activities created meaningful opportunities for dialogue, cultural exchange and reflection on topics such as democracy, human rights, environmental protection and active citizenship.

With high levels of participation and engagement, the workshops exceeded the expected number of beneficiaries and contributed to building lasting connections among young people from diverse backgrounds, including Romania, Ukraine, Syria, Tunisia, Italy and France. Participants reported increased awareness, motivation and confidence to become active members of their communities and ambassadors of EU values in their everyday lives.

Overall, the project demonstrated the effectiveness of non-formal education in empowering youth, strengthening intercultural bonds and encouraging active civic participation at both local and European level.

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